

Blues Harmonica
Taught By
John Sebastian
CD1

Track

1. Introduction
2. Holding the Harmonica
3. Playing Single Notes
4. Tonguing
5. Breathing
6. Basic Music Theory
7. Out Harp/1st Position Playing
8. "Streets of Laredo" – Explained
9. "Streets of Laredo" – Played
10. Bending Notes
11. Jimmy Reed Style Played on a G Harmonica
12. Jimmy Reed Style Played on a C Harmonica
13. Bending Notes to make a Lick
14. Bending Note Lick Played in a Blues
15. Bending up to a Note
16. Double Note Bending
17. Coming Attractions

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CD 2

Track

1. Hand Position/Tremolo
2. Developing Attack
3. Getting that 'Growl'
4. Minor Chords
5. G-Em-C-D7 Chord Progression Played
6. Various Harp Techniques Performed
7. Rhythm Harp Playing
8. 'Fox Chase' Rhythm
9. 'Fox Chase' Rhythm Played in Waltz Time
10. Chord and Note Technique
11. Using your Diaphragm and Neck
12. Tonguing Techniques
13. Basic Blues Harp Theory
14. Accompaniment

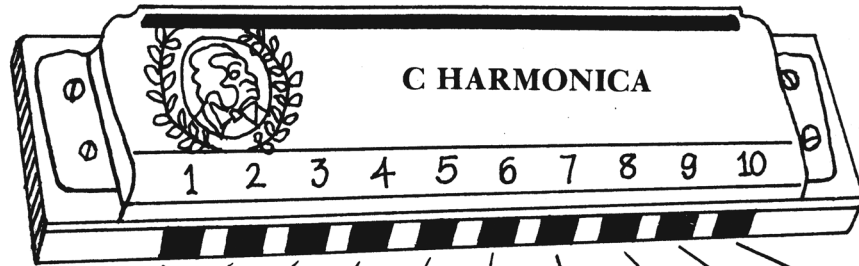
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CD 3

Track

1. Accompanying an Instrumental
2. Accompaniment Example with Tim Hardin
3. Accompaniment Example of "Roadhouse Blues" Broken Down
4. The Doors "Roadhouse Blues"
5. Percussive Techniques
6. Playing Over Various Chords
7. Play along with John
8. Balancing your Breathing
9. "Stewball"
10. Changing Harmonicas
11. "Daydream" Broken Down
12. "Welcome Back"
13. Soloing Tips
14. "Night Owl Blues"
15. Goodbye!

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↑ = BLOW
↓ = DRAW

BLOWING (EXHALING) A C CHORD

↑ = BLOW

DRAWING (INHALING) A G7 CHORD

↓ = DRAW

HOW TO HOLD THE HARMONICA



JOHN'S HAND POSITION

CLOSED POSITION



OPEN POSITION

BASIC THEORY - I, IV, V⁷

Out Harp (first position, tonic blown)

Harp key	Tonic (I) - out	Sub-dominant (IV)	Dominant 7th (V ⁷) - in
C	C	F	G ⁷
D	D	G	A ⁷
E	E	A	B ⁷
F	F	B ^b	C ⁷
G	G	C	D ⁷
A	A	D	E ⁷
B ^b	B ^b	E ^b	F ⁷
B	B	E	F ^{#7}

Blues (cross) harp (tonic inhaled)

Harp key	Tonic (I) -in	Sub-dominant (IV) - out	Dominant 7th (v ⁷)
C	G (7)	C	D ⁷
D	A	D	E ⁷
E	B	E	F ^{#7}
F	C	F	G ⁷
G	D	G	A ⁷
A	E	A	B ⁷
B ^b	F	B ^b	C ⁷
B	F [#]	B	C ^{#7}